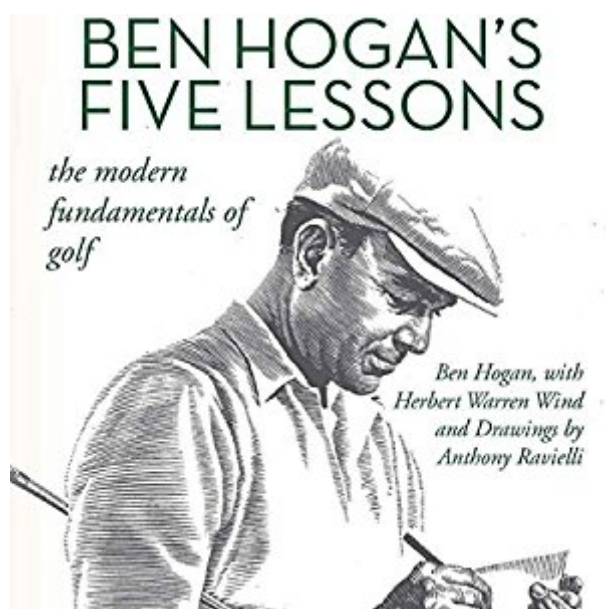


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# Ben Hogan's Five Lessons: The Modern Fundamentals Of Golf



## Synopsis

Over 50 years later, Ben Hogan's book *Five Lessons: The Modern Fundamentals of Golf* is still considered one of the premier instructional books on the fundamentals of the game of golf. Renowned for his swing, Ben Hogan methodically describes his technique through his lessons. Whether you are a beginner or a pro, this famous book is a must-have reference guide for any golfer.

## Book Information

Audible Audio Edition

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Audiobooks > Nonfiction > Sports & Recreation #87 in Books > Sports & Outdoors > Individual Sports

## Customer Reviews

This excellent teaching device found me at the right time, having mysteriously started struggling with my takeaway and back swing [right elbow flying out at the top!]. I poured through it in a night to search for the secret cure and I found it. I can't believe it took me 18 years of golf to discover this book. This really should be in every beginner's bag, to get his or her mechanics and fundamentals together, as well as any long time golfer who occasionally 'loses' it. It's quite a testament to its staying power to note that there are no reviews of less than five stars for this wonderful manual [my rating will be no different]. Hogan boils down the game to one important aspect, striking the ball. Grip, stance, setup, back swing, downswing are all meticulously verbally described, and then highlighted by amazingly detailed and accurate drawings. Written as a series of SI articles in the 50's, the teaching voice has lost none of its punch over the ensuing years. The gods are in the details, and I noted immediately in the setup section things I was doing to hinder the chain-reaction of his preferred swing. Left foot out a quarter turn, hmm, that's new but makes sense, elbows at

hipbone at address, and arms very close to chest to allow the right elbow to fold properly. That's what I needed. His description and the images of the glass / back swing / downswing plane will provide appropriate visual clues during practice. I found his discussion of the waggle and supination of left hand on follow through also quite interesting. I've purchased copies of this for my long-time golfer mother and my girlfriend who's just taking up the game, hopefully they'll enjoy it as much as I did, and we can discuss Hogan's straightforward instruction with a common background understanding.

Forget all the other gimmicks you see on television infomercials; the super drivers, wedges, trouble clubs, fairway woods, videos, swing trainers, etc. Also, don't pay any attention to the lessons presented monthly in the two leading golf magazines. They're often in conflict with each other and give you too many things to think about during the swing. If you really want to improve your golf, buy this book. Written by one of golf's greatest players and clearest thinkers on the mechanics of the golf swing, this book will, in simple and concise language and wonderfully detailed drawings, improve your game. My belief is, someone who has trouble breaking 100 will be able to get to 90 in short order. Anyone who shoots bogey golf (90) will be able to work him or herself into the low 80's. And if you're like me, in the 7 to 10 handicap range, the book presents a number checks on the grip, stance, and swing plane so that if your game does occasionally go awry, you'll soon be back in the groove. Mr. Hogan was correct. Anyone who is reasonably coordinated and applies the principles detailed in this book, should be able to build a repeating swing and break 80 on a consistent basis. I had to smile as I read some of the other reviews of this book. Like many of the other reviewers, I too have had to repurchase this book a number of times because of the difficulty in getting the book back from those I've loaned it to. Other than getting a lesson from a top flight teaching pro, this book will do more to improve your game than anything else that's on the market.

As a kid I took a few lessons from a top notch instructor, and I always found it helpful to think back and swing the way he taught me. Now in my early 40's, after years of infrequent play and bad advice, I lost my game. I read Hogan's book, and realized that it was the Hogan method - grip, stance, everything - that I was taught as a kid. This book was a godsend. Hogan doesn't just tell you what to do, he explains why. He shows how to make the basic REPEATING swing that can be used with ALL clubs, driver through PW. This makes the game so simple. You can use this book to quickly learn the correct swing, and confidently hit a good shot every time because you know you are doing it the right way. This lets you think less and less about swinging mechanics and more and

more about strategy, and the game becomes immensely more pleasurable. Put this book and a 9 iron by your bedstand, practice as you read it, and you will find yourself hitting with more confidence and consistency after the first chapter.

GET THIS BOOK !!! Repeat GET IT NOW and it will, without a doubt IMPROVE YOUR GAME and outlook on golf 10 fold! I have had and read this book like a bible over the past 3 months and I will tell you unequivocally, It is simply the best book on what makes a golf swing a TRUE golf swing. I have been a golfer for 20 years and through all the articles I have read, any lessons I have taken, none have come close to breaking down what the mechanics of a golf swing truly are. This book takes you from the start to a finish of a solid fundamental golf swing. As every individual has their own style, I would recommend once you learn these basics, make your own minor adjustments to suit your own physical limitations due to factors such as flexibility and body size. Now I have to tell you, I am slow to comprehend and grasp new ideas but once I catch them, if they are indeed true, I embrace and preach upon them like a priest in the church. This book is a true awakening for a golfer and what it takes to make a real golf swing. The amazing results of this book and what a golfer actually experiences when making a true swing as a result of the study of this book are absolutely astonishing. You should make this book your BIBLE to a great golf swing. The results you see (and feel) will leave you in total awe of how simple a great golf swing is and how easily it can be accomplished. I endorse this book 100% and promise you will not be disappointed. Indeed you will be delighted and your game will see the dawn of a new day. 5 \*\*\*\*\* book. A MUST for every golfer

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